

THE FLUSHING TIMES

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APRIL IS SEXUAL ASSAULT AND DOMESTIC VIOLENCE AWARENESS MONTH

“20% of college women & 5% of college men experience sexual assault or abuse while at school” (for more facts visit www.dosomething.org)

Sexual Assault can happen to anyone!

We may not be able to make sexual assault and violence disappear but we can work towards the goal of eradicating violence by checking our own behavior.

What is Consent: A Short Guide

Consent should be between both partners. It applies to all genders and sexual orientations.

Consent must be mutual, clear and ongoing.

Consent may be initially given but can be withdrawn at any time.

No response, no resistance or a plain “No” means that no consent has been given.

Always remember to ask for consent - there is no harm in asking.

Signs of Domestic Abuse & Dating Violence

A significant other who acts jealous, possessive or critical. They may attempt to control who their partner can talk to or what they can do.

A significant other who acts smothering. They may demand constant contact and get upset when their partner is busy or cannot respond.

A significant other may push, hit, grab, pull, yell, or force their partner.

A partner may seem frightened when their significant other is around.

Domestic Violence doesn't look the same for everyone

Tips from the Counselors:

- *Respect the dignity of all individuals
- *Don't pressure or force others to drink or consume more than they want to
- *Keep an eye out for yourself and for others
- *Make a difference - report or talk to someone if you see something wrong
- *Always be alert and aware of your surroundings
- *Be compassionate, caring, empathetic and responsible in your words and actions

24 Hour National Hotlines

Rape, Abuse & Incest:
1-800-656-HOPE (4673)
Domestic Violence:
1-800-799-SAFE (7233)

This Newsletter is brought to you by the

Manhattan College Counseling Center

For Appointments call **718-862-7394**
or visit our office in **Miguel Hall, Suite 501**
(Access through the northern staircase)

Look out for your fellow Jaspers, and others. The 3D's are always there for you:

Direct: I'll tell someone if I see someone put something in their drink.

Delegate: I'll call the police if I see a fight starting.

Distraict: If I see someone trying to take someone who is drunk away from the party, I'll tell them "that the person's cab just arrived so we have to go." instead.

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