

**Represents Maximum Allowable Weights for BMI of 25.0 (regardless of age)**

<b>Height (inches)</b>	59	60	61	62	63	64	65	66	67	68	69
<b>Weight (pounds)</b>	124	128	132	136	141	145	150	155	159	164	169
<b>Height (inches)</b>	70	71	72	73	74	75	76	77	78	79	80
<b>Weight (pounds)</b>	174	179	184	189	194	200	205	210	216	221	227

**Represents Minimum Allowable Weights for BMI of 19.0 (regardless of age)**

<b>Height (inches)</b>	59	60	61	62	63	64	65	66	67	68	69
<b>Weight (pounds)</b>	94	97	100	104	107	110	114	117	121	125	128
<b>Height (inches)</b>	70	71	72	73	74	75	76	77	78	79	80
<b>Weight (pounds)</b>	132	136	140	144	148	152	156	160	164	168	173